

## Introduction

**Dear student,  
Dear teacher,  
Dear student guardian,**

We have the pleasure to present this book of "Excellence" series to you, hoping it will please you and satisfy your needs and ambitions. We have been working hard to produce the best content and shape. We meant to make it easy, useful and objective and a way to the full mark, God willing. If you have any comments, suggestions or complaints, don't hesitate to contact us by any means. Last but not least, "Thank you for your trust"  
**Excellence book family**

عزيزي الطالب,

عزيزي المعلم,

عزيزي ولي أمر الطالب,

يسعدنا تقديم هذا الكتاب من سلسلة كتب "Excellence" راجين من الله أن ينال إعجابكم ويفي باحتياجاتكم وطموحاتكم. نحن نعمل بجد من أجل إخراج أفضل محتوى وشكل ولقد عمدنا فيه البساطة والإفادة والموضوعية وأن يكون طريقا للدرجة النهائية بإذن الله. ولو كان لحضراتكم أي تعليقات أو اقتراحات أو شكاوى فلا تترددوا في التواصل معنا بشتى الوسائل.. أخيرا "شكرا على ثقتك" أسرة كتاب "Excellence"

A group of specialists

اللهم علم ينتفع به



دار التفوق للنشر والتوزيع

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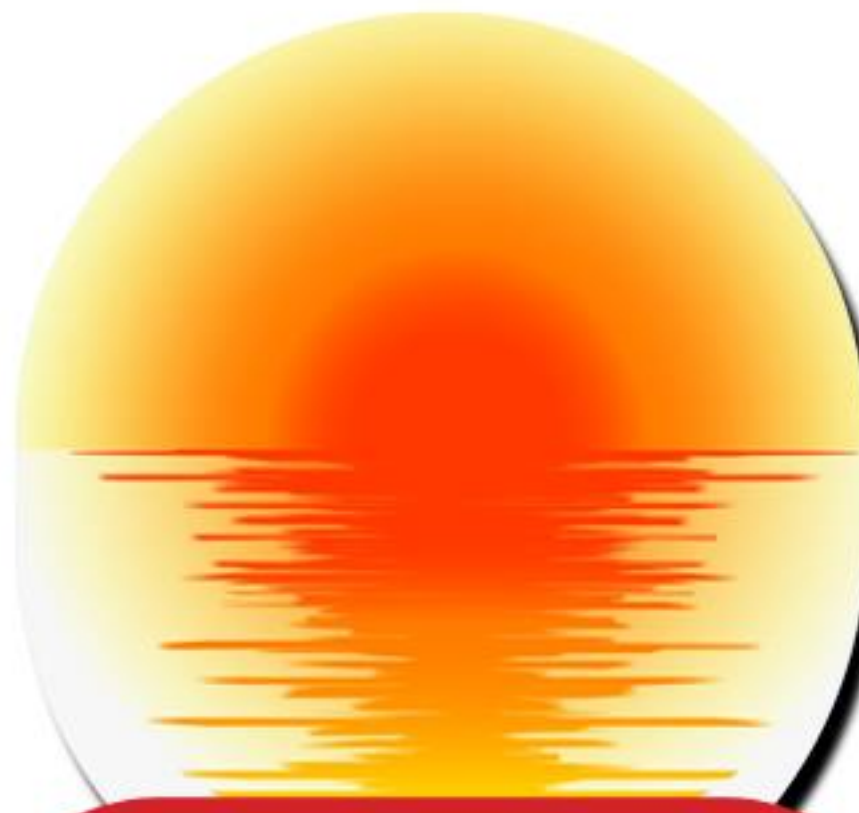
## Let's remember



**guitar**



**fountain**



**sunrise**



**rhino**



**flood**



**city**



**port**



**television**



**turn left**



**lightening**



**hippo**



**penguin**



**station**



**password**



**mountain**



**letter**



**printer**



**fisherman**



**turn right**



**water melon**



**oud**



**cell phone**



**chef**



**island**



**whale**



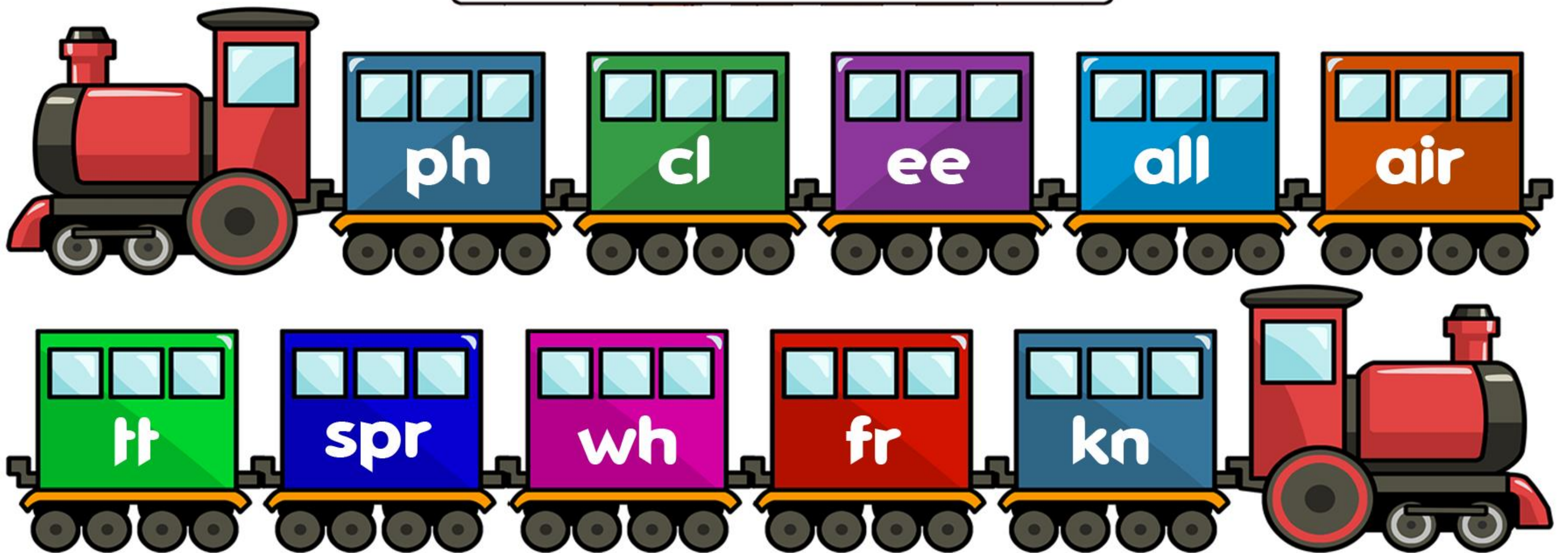
## Read and number the pictures:

- 1-My brother is angry because he can't find his phone.
- 2-I'm worried because I don't know how to do my project.
- 3-My brother is kind. He helps me if I fall over.
- 4-I've got a lot of books in my bag. I'm tired.
- 5-My cousin is very curious about the world. He wants to understand everything!
- 6-I read these books yesterday. Now I'm bored.
- 7-We're going to a family party. I'm so excited.
- 8-Please be quiet. I'm very interested in this website.





Look, write and say:



ho \_ \_ er



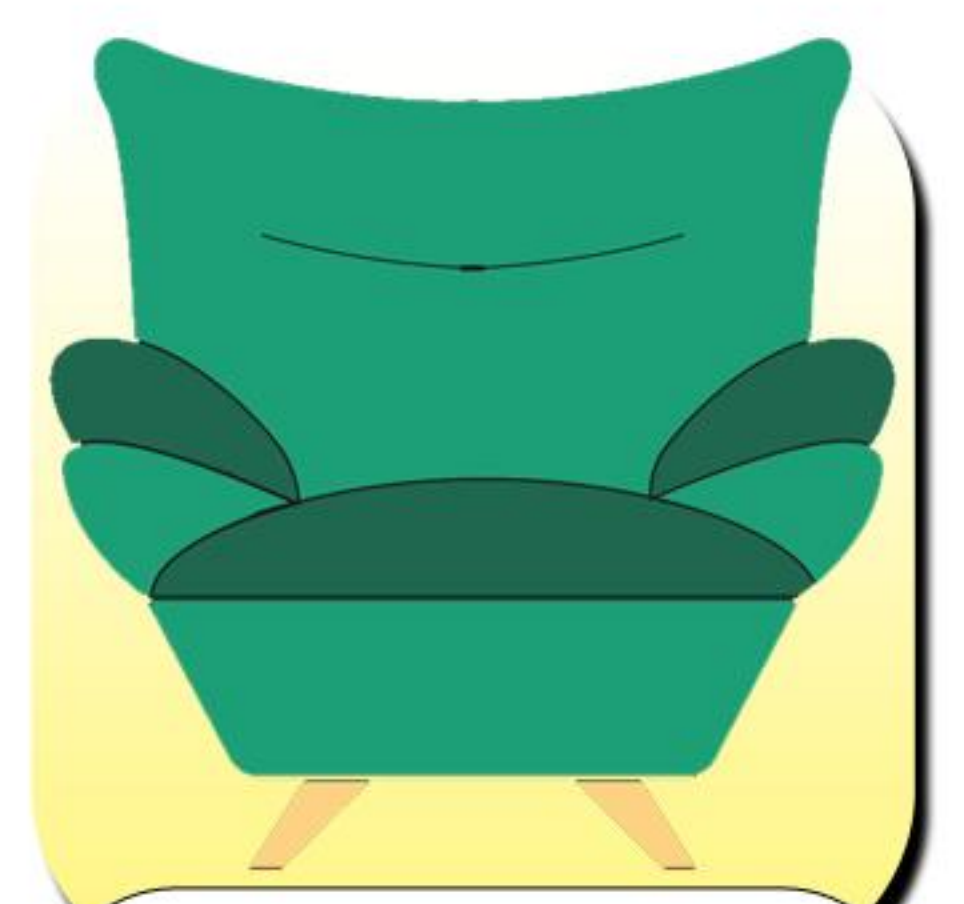
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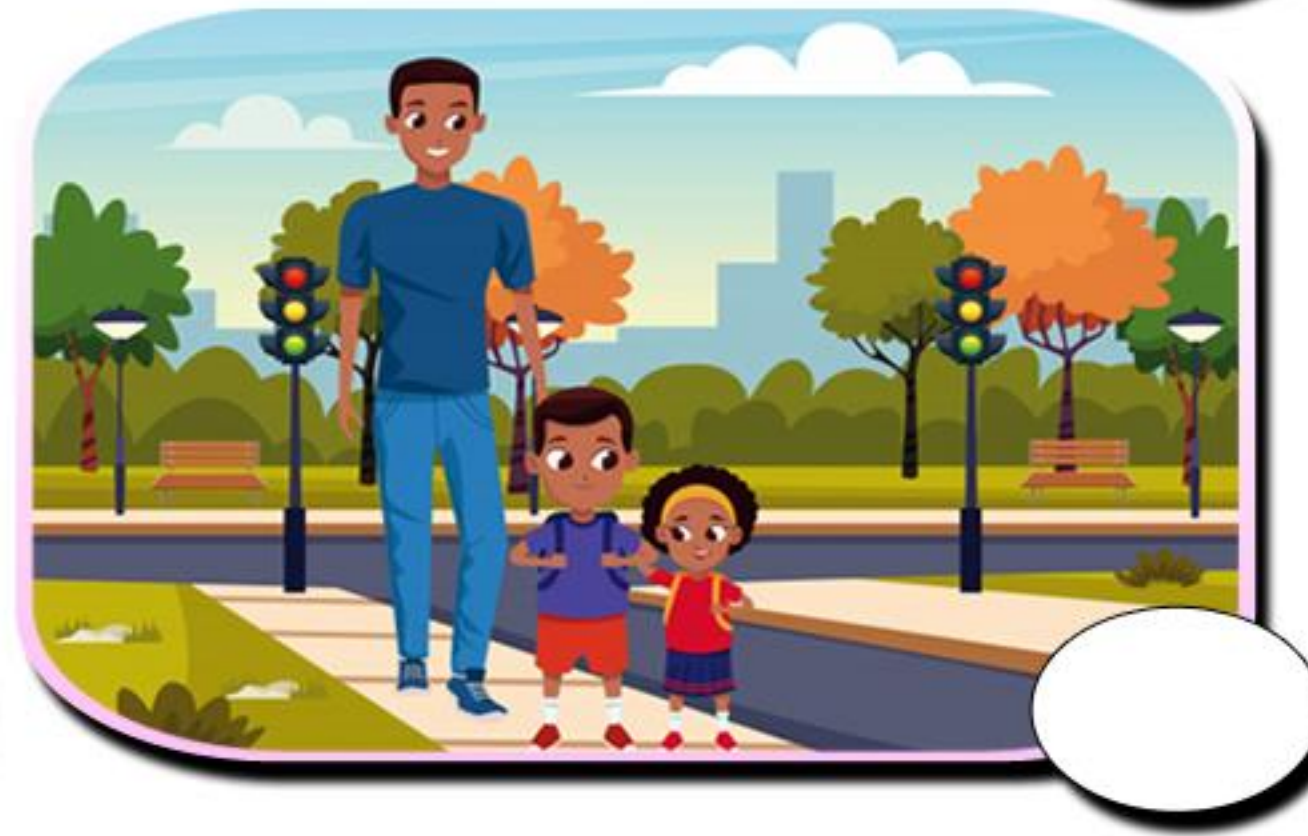
\_ \_ \_ ing



\_ \_ ot



## Listen and number:



## Read and check ( √ ) or cross (X)

Elephant – 40 km/hour

Hippo – 48 km/hour

Giraffe – 50 km/hour

1-Hippos run more quickly than elephants.

☐

2-Giraffes run less quickly than hippos.

☐

3- Elephants run the least quickly of them all.

☐

4- Hippos run the most quickly of them all.

☐

## Read and Complete

would – many – Can – need – them – Here

**Ticket agent:** Hello! ..... I help you?

**Nesma :** Yes. We ..... like to go to Luxor, please.

**Ticket agent:** How ..... people are travelling?

**Nesma :** One adult and one child, please.

**Ticket agent:** ..... are your tickets. Give ..... to your dad, please.

**Nesma :** Which platform do we ..... to go to?

**Ticket agent:** It's platform three.

**Nesma :** Thank you!



## Order and write:

1- went / to / We / park / the / bikes /ride / our / to.

.....

2- bakery / to / went / She / bread / to / some / the / buy.

.....

3- tired / I / because / went / home / was/ I.

.....

4- but / went / They / butcher's / the / to / closed / was / it.

.....

5- needed / because / We / went / paper / some / shopping /we.

.....

## Look and complete

**used to – didn't use to**



1- 100 years ago, people .....  
to write letters.



2- 100 years ago, people .....  
have video chat



3- 50 years ago, people .....  
send text message



4- 50 years ago, people .....  
use telephones.





# At the track





Today, we're at the track. There's a big sports event.  
Lots of athletes from different schools are competing.  
Look! They are wearing red, blue, green and black.  
There are competitions in running, jumping and throwing.  
I'm watching the long jump. I think the athlete wearing  
red will win.







# Vocabulary

## Part (1)



**track**

ملعب



**sports event**

حدث رياضي



**athlete**

رياضي



**compete**

يتنافس



**wear**

يرتدي



**competition**

منافسة



**get**

يحصل علي



**do the long jump**

يقوم بالوثب الطويل



**do a throwing competition**

ينافس في الرماية



**Running**

الجرى



**jumping**

القفز



**throwing**

الرمي



**long jump**

الوثب الطويل



**think**

يفكر



**win**

يفوز



**distance**

مسافة



**race**

سباق



**measure**

يقيس



**medal**

ميدالية



**quickly**

بسرعة

**lots of**

كثيراً من

**different**

مختلف

**around the field**

حول الحقل

**exciting**

مثير

**hope**

يأمل

**have to**

يجب ان

**as far as you can**

بقدر ما تستطيع

**someone**

شخص ما



## Exercises

1

Underline the correct word(s):

- 1- We are ( between – at – under ) the track.
- 2- There is a big ( sport – sport's – sports ) event.
- 3- There are lots ( on – at – of ) athletes.
- 4- The athletes are ( competing – completing – flying ) in the sports event.
- 5- I ( sing – think – sink ) the athlete wearing red will win.
- 6- They are ( wearing – eating – running ) shorts.
- 7- I'm watching the ( short – long – far ) jump.
- 8- The ( track – athlete – event ) is 800 meters around the field.
- 9- I like the race. It is ( bad – horrible – exciting ).
- 10- I hope Waleed ( wins – throws – eats ) today.
- 11- You have to ( throw – jump – go ) the ball as far as you can.
- 12- Three meters is a good ( race – distance – track ) for throwing the ball.
- 13- A man measures how ( many – much – far ) the athletes throw the ball.
- 14- He can ( eat – jump – swim ) high.
- 15- He is the winner. He is getting a ( medal – track – metal ).



2

Complete the dialogue using the following words :

( mum – do – Where )

**Amr:** ..... are you going?

**Ali:** I'm going to the club.

**Amr:** Who are you going with?

**Ali:** I'm going with .....

**Amr:** What sports ..... do you like?

**Ali:** I like throwing.

3

Read the following passage, then answer the questions:

Today, Ahmed is at the track. There's a big sports event. Lots of athletes from different schools are competing. They are wearing red, blue, green and black. There are competitions in running, jumping and throwing.

Answer the following questions:

1- Where is Ahmed?

.....

2- What colour are the athletes wearing?

.....

Choose the correct answer:

3- There is a big ..... event.

( art – sports – war )

4- There are competitions in .....

( watching – swimming – throwing )





## Grammar

### Future simple

#### Use:

للتعبير عن أحداث في المستقبل.

He will win the race.

#### Form:

subject + will + inf.

I think the event will be amazing.

#### Negative:

subject + will not (won't) + inf.

He will not (won't) win the race.

#### Question:

Will + subject + inf + ?

Will he play football?

Yes, he will. (or) No, he won't.

#### Wh - question:

Wh + will + subject + inf + ?

Where will you go?

I will go to Hurghada.

#### Keywords:

Tomorrow

غداً

in the future

في المستقبل

Next ( week/ month/ year) القادم

tonight

الليلة



## Exercises

### 1 Underline the correct word(s) :

- 1- I think he will ( win – wins – won ) the race.
- 2- Our school ( will – are – is ) get a medal.
- 3- Will it ( is – are – be ) a good competition.
- 4- It ( will – won't – aren't ) be easy to win. There are lots of good athletes.
- 5- ( Will – Won't – Is ) Fares win the race? No, he won't.
- 6- Amira ( is – are – will ) get a medal.
- 7- They won the competition! They ( will – won't – is ) be happy.
- 8- Youssef ran three races today. He ( is – will – won't ) be tired.
- 9- ( Are – Is – Will ) Dina enter the throwing competition?
- 10- Will he get a prize? No, he ( is – will – won't ).

### 2 Rewrite the following sentences using the words in brackets:

- 1- He will do the long jump. (not)  
.....
- 2- Will she visit her aunt tomorrow? (Yes,...)  
.....
- 3- Will it be a good competition? (No,...)  
.....
- 4- Yes, they will get a medal. (Will)  
.....
- 5- No, it won't be easy. (Will)  
.....



## Future simple

Form:

subject + will + inf.

I think the event will be amazing.

Negative:

subject + will not (won't) + inf.

He will not (won't) win the race.

Question:

Will + subject + inf + ?

Will he play football?

Yes, he will. (or) No, he won't.

Keywords:

Tomorrow

غداً

in the future

في المستقبل

Next ( week/ month/ year)

القادم

tonight

الليلة

How + Adj

How far

كم البعد

How fast

كم السرعة

How high

كم الارتفاع

How many

كم العدد

How much

كم كمية

How often

كم عدد المرات

once / twice

مرة / مرتين

Adjectives:

Comparative adjective

صفة + er + than

fast

faster than.

slow

slower than

Ali is faster than Amr.

Superlative adjective

the + صفة + est

fast

the fastest

slow

the slowest

Amr is the fastest boy.



## Exercises

### 1 Underline the correct word(s):

- 1- (What – How – When) far can he jump?
- 2- How (high – hi – height) can she climb?
- 3- How (high – fast – old) can he run?
- 4- Ziad is the (slow – slower – slowest) boy.
- 5- Amir is (fast – faster – fastest) than Adam.
- 6- Tarek was faster (thin – then – than) Mahmoud.
- 7- Mona is (the – then – this) tallest girl.
- 8- Lara is 120 cm. Dina is 125. Lara is (taller – shorter – happier) than Dina.
- 9- Amr is 150 cm. Ali is 160 cm. Ahmed is 170 cm. Ahmed is the (shortest – tallest – fastest) boy.
- 10- Who was the (slow – slower- slowest)?
- 11- Alaa is (old – older – oldest) than his brother Abdo.
- 12- Noha is the (young – younger – youngest ) girl in the class.
- 13- (How – Who – Where) high is the wall?
- 14- Zeyad is the (short – shorter – shortest ) one in the class.
- 15- Mona is (happy – happier – happiest ) than Heba.





# Vocabulary

## Part (3)



**train**

يتدرب



**training**

تدريب



**shouldn't**

لا يجب



**should**

يجب ان



**weekend**

عطلة نهاية الأسبوع



**runner**

متسابق جري



**snack**

وجبة خفيفة



**support**

يدعم - يساعد



**fit**

لائق بدنياً



**worried**

قلق



**enjoy**

يستمتع بـ



**warm up**

الاحماء



**together**

معاً



**record**

يسجل



**come first**

يحصل علي المركز الاول



**come second**

يحصل علي المركز الثاني



**healthy food**

طعام صحي



**bring**

يحضر



**problem**

مشكلة



**bicycle**

دراجة



and و - but لكن - because لأن - so لذلك - or أو

and و

I like English and Arabic.

but لكن

I like English but I don't like Arabic.

Because لأن

I do sports because I want to get fit.

so لذلك

he ran fast so he came first.

or أو

she doesn't like throwing or jumping.

## Exercises

### 1 Underline the correct word(s):

- 1- I like running (and – but – because) jumping.
- 2- It is hard to run (or – so – because) it is hot.
- 3- I like running (because – but – so) I'm not very fast.
- 4- He has a race next week (because – so – but) he trains everyday.
- 5- She doesn't like throwing (so – or – because) jumping.
- 6- I didn't go to school (because – so – but) I was ill.
- 7- Mona was tired (because – so – but) she went to bed.
- 8- I enjoy English (because – so – and) Arabic.



## Exercises

### 1 Underline the correct word(s):

- 1- She won the race. She (support – came – find) first.
- 2- We warm (up – in – at) before we do exercise.
- 3- You should (come – support – do) your friends.
- 4- I want to help him as (much – many – big) as I can.
- 5- You should eat (dirty – fast - healthy) food.
- 6- She enjoys (running – run – runs).
- 7- How (big – often – far) do you do sport?
- 8- (Which – How – When) sport do you like?
- 9- I (play – think – record) her race times.
- 10- We do sport and (eat – have – take) fun.

### 2 Complete the dialogue using the following words:

(fast – sport – difficult – often)

**Khalid:** Do you like .....

**Hamdy:** Yes, I like running.

**Khalid:** Is it .....

**Hamdy:** No, it isn't.

**Khalid:** How ..... do you practise?

**Hamdy:** Four times a week.

**Khalid:** How ..... can you run?

**Hamdy:** I can run 100 meters in 15 second.



4

Write a sentence under each picture:



came – first

.....



get - fit

.....



like – throwing

.....



help – friend

.....





# Vocabulary

## Part (4)

rule	never	make fun of	kind
قاعدة	أبداً	يسخر من	عطوف
tell secret	pressure	idea	apologize
يخبر سراً	ضغط	فكرة	يعتذر
say sorry	Important	find	one day
يعتذر	مهم	يجد	يوم ما
What's the matter?	scared of	know	spread rumours
ما الأمر	خائف من	يعرف	ينتشر إشاعات

### My rules for being a good friend :

Never make fun of your friends!

لا تسخر من أصدقائك!

Never tell your friend's secret to other people.

لا تنقل أسرار صديقك للآخرين .

Never spread rumours about your friends.

لا تنتشر إشاعات عن أصدقائك.

Never pressure your friend to do something he or she doesn't want to do.

لا تجبر صديقك ليفعل شيئاً لا يريد.

Listen to your friend's ideas.

استمع لأراء صديقك.

Support your friend.

ساند (قف بجانب) صديقك.

If you make your friend sad, it is good to apologize – saying sorry is important.

إن أسأت إلى صديقك من الأفضل أن تعتذر له . فالاعتذار هام .

Have fun together!

امرحوا معاً .



## Exercises

1

Read the rules again and complete the table:

**How to be a good friend?**

Good friends never do:

Good friends should do:

.....

.....

.....

.....

.....

.....

2

Underline the correct word:

- 1- It is good to (make – support – play) your friend.
- 2- It is bad to ( make – swim – fly ) fun of your friend.
- 3- (Always – Never – Sometimes) tell your friend's secrets.
- 4- (Support – Help – Listen) to your friend's idea.
- 5- Never (spread – support – make) rumours about your friends.
- 6- Have (rumours – fun – pressure) with your friend.
- 7- Saying sorry is (bad – unkind – important).
- 8- Listen to your friend's (ideas – games – rumours).
- 9- Never (listen – pressure – have) your friend to do something he doesn't want.
- 10- (Do -Have - Be) fun together !



**3** Read the following passage, then answer the questions:

Tamer was a pupil. One day he was sad when he came home from school. He told his mother. He told his friend Sherif a secret that he was scared of water so he didn't want to do the swimming competition but his friend Sherif told Adam and Wael, and now everyone knows. They are making fun of Tamer. The next day, Tamer was a lot happier. Sherif apologized for telling his secret. Adam and Wael said sorry for making fun of me.

Answer the following questions:

1- How was Tamer when he came back from school?  
.....

2- Who are making fun of Tamer?  
.....

Choose the correct answer:

- 3- Tamer told his (father – mother – sister) about his problem.  
4- Sherif (laughed – made – apologized) for telling Tamer's secrets.

**4** Rewrite the following sentences using the words in brackets:

1- Nabil came first so he was happy. (became)  
.....

2- Ali likes swimming. He doesn't like running. (but)  
.....

3- Ziad plays football. He scores goals. (and)  
.....

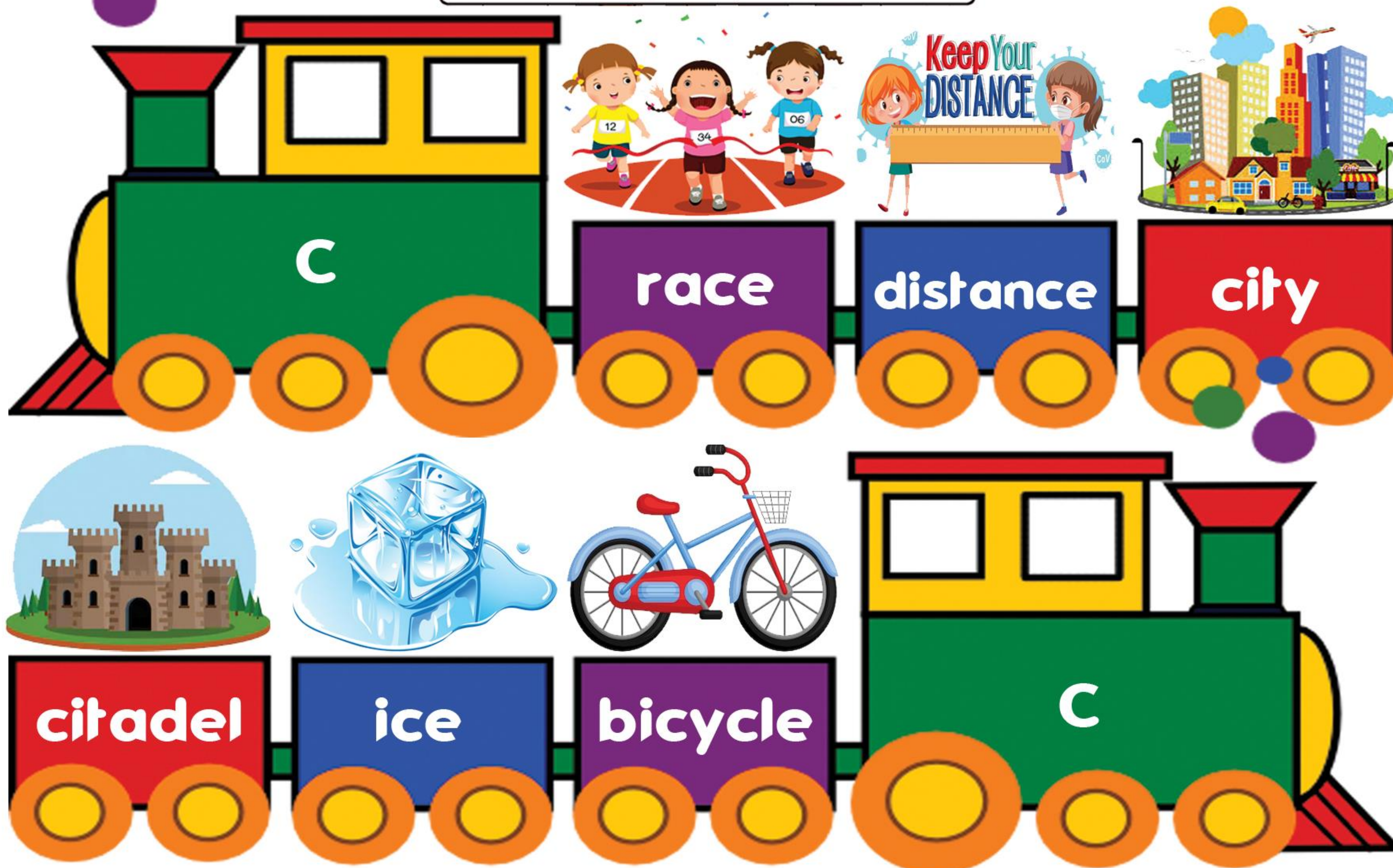
4- Khalid doesn't like watching TV. He doesn't like going to the cinema. (or)  
.....

5- Eman went to the doctor because she was ill. (so)  
.....





# Phonics



“soft “c

ينطق الحرف (c) / s / ... إذا جاء بعده “e / i / y”

**Circle the odd one out**

1- camel

city

colour

2- crocodile

club

ice

3- space

cake

distance

4- computer

clothes

race



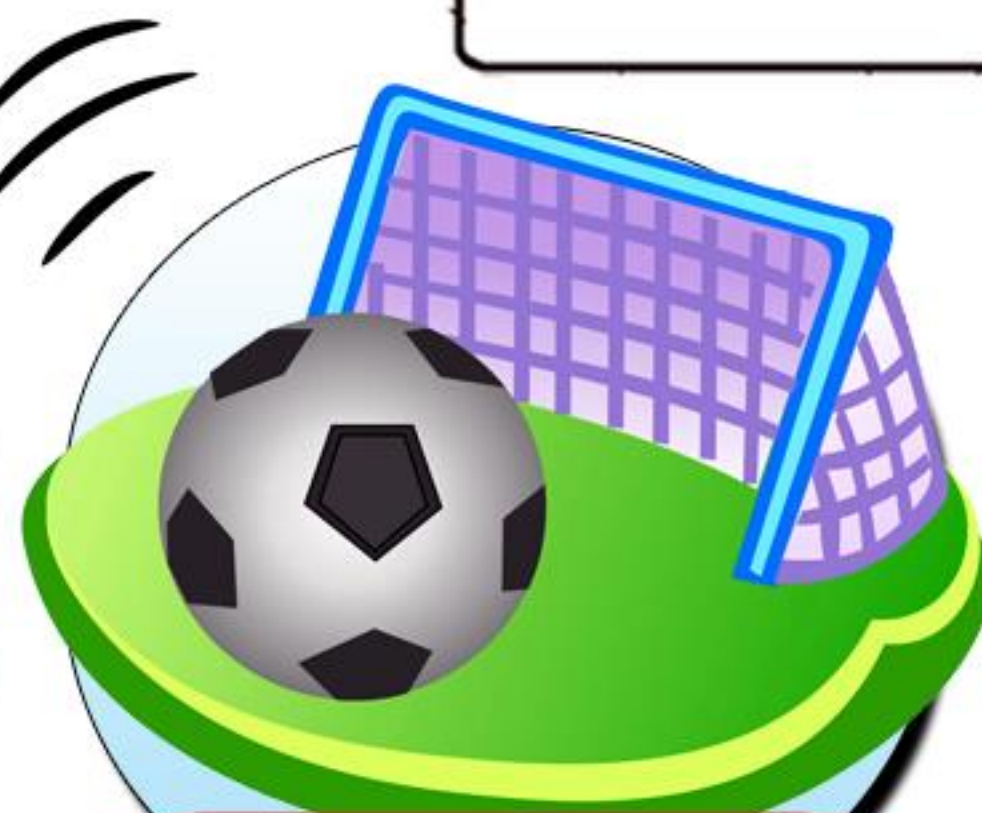


# Vocabulary



**basketball**

كرة السلة



**football**

كرة القدم



**volleyball**

كرة الطائرة



**score**

يسجل



**National Football Team**

الفريق القومي لكرة القدم



**take**

يأخذ



**make**

يصنع



**shape**

تتكل



**journey**

رحلة طويلة



**map**

خريطة



**play**

مسترحية



**cardboard**

ورق مقوي



**card**

كارت



**the Africa Cup of Nations**

كاس الأمم الأفريقية



**cyclist**

راكب الدراجة



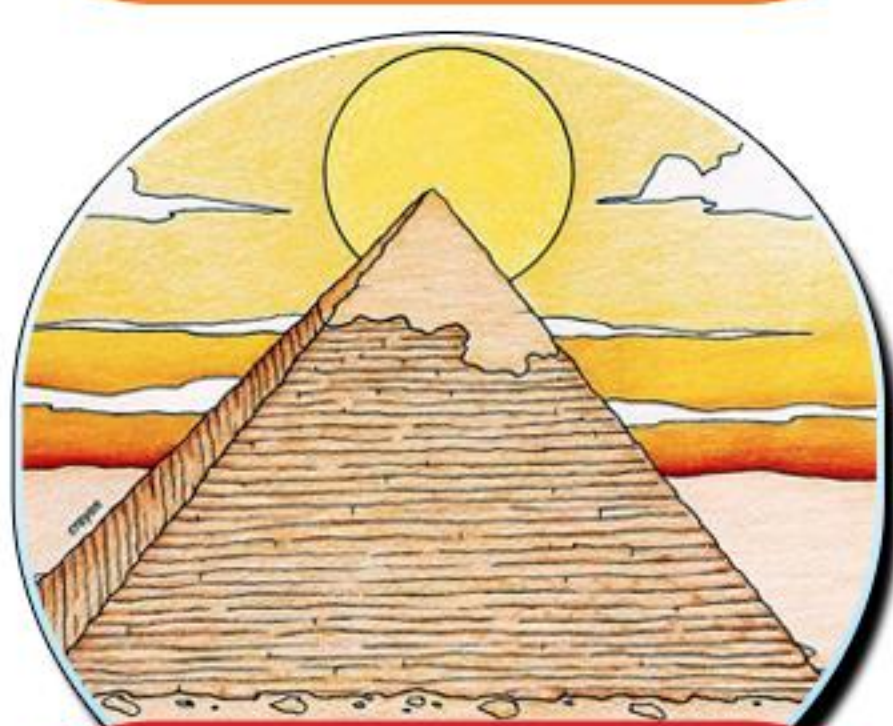
**cycle**

يركب الدراجة



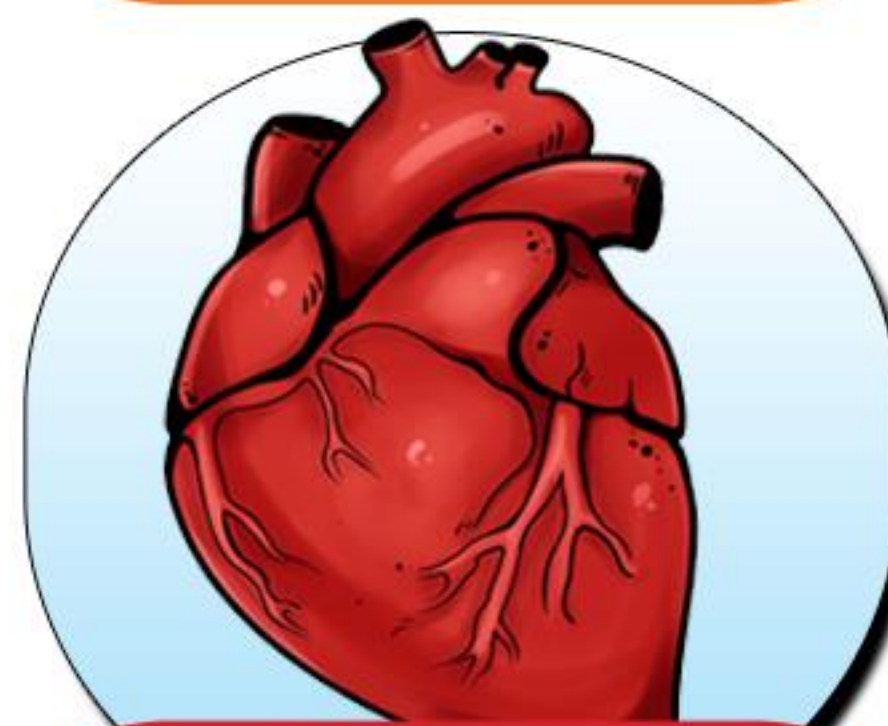
**museum**

متحف



**Great Pyramid**

الهرم الأكبر



**heart**

قلب



**Egyptian**

مصري



**Mau cat**

القط الماو



**theatre**

مسرح



**friendship**

صداقة



**draw**

يرسم



**scissors**

مقص





set a record

يسجل  
رقم قياسي عالمي

world record

رقم قياسي عالمي

season

موسم

describe

يصف

script

نص

effort

مجهود

around

حول

start

يبدأ

valley of the kings

وادي الملوك

scene

مشهد

stage

ختبة المسرح

popsicle sticks

تتجمع لاصق

sticky tape

تتريط لاصق



## World records

What is a **world record**? It's something which is the fastest, biggest, oldest or smallest in the world. People in many different countries like trying to make new world records all the time. Here are some famous Egyptian world records. Did you know? In 2017 the Egyptian footballer **Mohamed Salah** set a world record when he played for an English team Liverpool. He scored the highest number of goals in one season 32 goals! Egypt's National football team has a world record too. It is for winning **The Africa Cup of Nations** the most times it won **7 times** in 1957, 1959, 1986, 1998, 2006, 2008 and 2010! And in 2018, **Cyclists** in Egypt made a new world record. They made the largest GPS drawing by bicycle. The challenge was to cycle 761 k.m around Egypt, and record the direction of the race. The cyclists started at the Great Pyramids of Giza, and it took 3 days to finish. The pictures of their journey made the shape of the heart on the map! It was important because it made people think about how important it is to keep your heart healthy. It isn't just **Egyptian people** who break world records.

**The Egyptian Mau** is the fastest cat in the world. It can run up to 48 k.m an hour!





## Exercises

1

Underline the correct word(s):

1- In which sport did Mohamed Salah set a world record?

(basketball – volleyball – football)

2- How many goals did he score in one season?

(32 – 22 – 12)

3- How many times did Egypt's national football team win the Africa cup of nations?

(3 – 5 – 7)

4- When did cyclists in Egypt set a record for cycling around Egypt?

(2018 – 2019 – 2020)

5- How far did they cycle?

(871 K.m – 761 K.m – 651 K.m)

6- Where did the race start?

(Cairo museum – Valley of the kings – Great pyramids of Giza)

7- How long did it take to finish?

(3 days – 4 days – 5 days)

8- What shape did the journey photos make on the map?

(a heart – a face – a foot)

9- How fast can the Egyptian Mau cat can run?

(8 k.m an hour – 18 k.m an hour – 48 k.m an hour)



**2**

Complete the dialogue using the following words :

(do – amazing – theatre – Where)

**Khalid:** ..... will you go tomorrow?

**Ziad:** I will go to the .....

**Khalid:** Do you think it will be .....?

**Ziad:** Yes, I .....

**3**

Write a sentence under each picture:



plays – football

.....



have – fun

.....



citadel – old

.....



friends – good

.....



## Review



# Vocabulary

track	ملعب	easy	سهل
sports event	حدث رياضي	difficult	صعب
lots of	كثير من	amazing	مدهش
athlete	رياضي	tired	متعب
compete	يتنافس	support	يساند
competition	منافسة	train	يتدرب
wear	يرتدي	training	تدريب
different	مختلف	exercise	يتدرب
throwing a ball	رمي الكرة	runner	عداء (متسابق جري)
think	يفكر	get fit	يصبح لائق بدنياً
distance	مسافة	warm up	الاحماء
race	سباق	together	سويًا
measure	يقيس	record	يسجل
valley of the kings	وادي الملوك	come first	يحصل علي المركز الأول
field	حقل	come second	يحصل علي المركز الثاني
exciting	مثير	healthy food	طعام صحي
quickly	بسرعة	bring	يحضر
hope	يأمل	snack	وجبة خفيفة
weekend	عطلة نهاية الاسبوع	museum	متحف
someone	شخص ما	great pyramid	الهرم الأكبر
do the long jump	يقوم بالوثب العالي	popsicle sticks	شمع لاصق
journey	رحلة طويلة	cardboard	ورق مقوي
heart	قلب	sticky tape	شريط لاصق
Egyptian	مصري	scene	مشهد
mau cat	القط الماو	worried	قلقان
theatre	مسرح	problem	مشكلة



## Review



## Vocabulary

friendship	صداقة	enjoy	يستمتع بـ
describe	يصف	effort	مجهود
stage	خشبة المسرح	rule	قاعدة
play	مسرحية	never	أبداً
make fun of	يسخر من	important	مهم
kind	نوع - طيب	find	يجد
tell secret	يخبر سر	one day	كان يا ما كان
spread rumours	ينشر اشاعات	What's the matter?	ما الامر؟
pressure	ضغط	scared of	خائف من
idea	فكرة	know	يعلم
apologize	يعتذر	city	مدينة
say sorry	يعتذر	citadel	قلعة
set a record	يسجل رقم قياسي	score	يسجل
world record	رقم قياسي عالمي	season	موسم
cyclist	راكب دراجة	national football team	فريق القومي لكرة القدم
cycle	يركب دراجة	the Africa cup of nations	كأس الأمم الافريقية
score	يسجل	stick	يلصق
season	موسم	script	نص



## Future simple

Form:

subject + will + inf.

I think the event will be amazing.

Negative:

subject + will not (won't) + inf.

He will not (won't) win the race.

Question:

Will + subject + inf + ?

Will he play football?

Yes, he will. (or) No, he won't.

Keywords:

Tomorrow

غداً

in the future

في المستقبل

Next ( week/ month/ year)

القادم

tonight

الليلة

How + Adj

How far

كم البعد

How fast

كم السرعة

How high

كم الارتفاع

How many

كم العدد

How much

كم كمية

How often

كم عدد المرات

once / twice

مرة / مرتين

Adjectives:

Comparative adjective

صفة + er + than

fast

faster than.

slow

slower than

Ali is faster than Amr.

Superlative adjective

the + صفة + est

fast

the fastest

slow

the slowest

Amr is the fastest boy.





## ○ Test unit (1) ○

### 1 Underline the correct word:

- 1- They are playing games at the (track – lab – library).
- 2- We are having a sports (running – event – throwing).
- 3- I am watching the (long – short – big) jump.
- 4- He is a/an (computer – doctor – athlete), he plays sports.
- 5- Athletes from different schools are (competing – wearing – doing).
- 6- I think he (is winning – wins – will win).
- 7- Ali is (fast – faster – fastest) than Hany.
- 8- How (much – many – often) do you go to the club?
- 9- It's (good – bad – evil) to apologize when you do something wrong.
- 10- He likes sports (so – but – because) he doesn't like music.

### 2 Complete the following dialogue using these words:

(sports – Do – often – football)

**Mariam:** ..... you like sports?

**Shahd:** Yes I do.

**Mariam:** What ..... do you play?

**Shahd:** I play .....

**Mariam:** How ..... do you practise it?

**Shahd:** Three times a week.



3

Rewrite the following sentences using the words in brackets:

1- He will buy a new car.

(not)

2- Yes, I will visit my aunt.

(Will)

3- Will they travel abroad?

(Yes)

4- Ahmad is 150 cm. Ali is 160 cm.

(taller)

5- He went to the doctor because he was ill.

(so)

4

Read the following passage, then answer the questions:

Next Friday is going to be my birthday. I am going to have a big birthday party. My mum is going to make a cake. My friends are going to give me presents. My dad is going to bring me a bike as he promised me. It's going to be a great day.

Answer the following questions:

1- When are you going to have your birthday party ?

2- What are your friends going to bring you ?

Choose the correct answer:

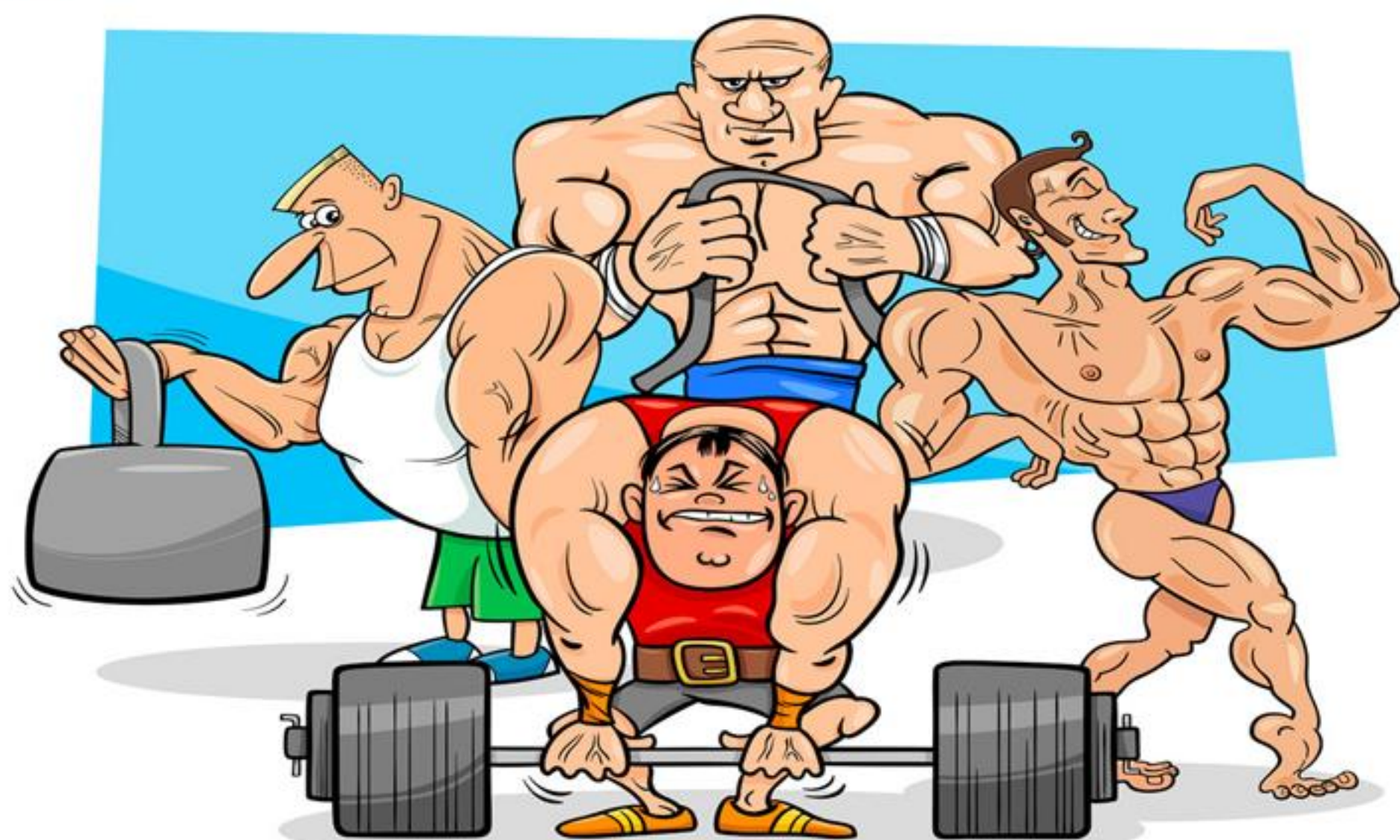
3- Your mum is going to make you a ( present – ribbon – cake ).

4- It's going to be a ( nice – bad – short ) day.



5

Write a sentence under each picture:



can \_ athlete

.....



They \_ running

.....



win \_ competinon

.....

6

Copy the following sentence:

.....A sound mind is in a sound body.....



.....